



GOLDWASER SPORTS MEDICINE

Elan Goldwaser, DO, FAOASM

Sports Medicine | Interventional Orthopedics |
Orthobiologics

Columbia / NewYork-Presbyterian • New York City



A TRUSTED REFERRAL PARTNER

Precision evaluation. Image-guided care. Clear next steps.

Dr. Goldwaser evaluates acute and overuse sports injuries, coordinates evidence-led interventional care, and provides focused second opinions for athletes and active patients.

TEAM PHYSICIAN EXPERIENCE

- U.S. Ski Team doctor
- Consultant team physician to the New York Yankees
- Former Head Team Physician, Fordham Athletics
- Former Team Physician / Second Opinion Consultant, NYCFC
- Ringside physician

Reasons to refer

Sports injury evaluation

Focused assessment of joint, tendon, ligament, muscle, and sport-related overuse conditions across the knee, shoulder, hip, foot and ankle, and elbow.

Ultrasound-guided procedures

Diagnostic musculoskeletal ultrasound and precise image-guided injections and procedures, selected for the patient's diagnosis and goals.

Orthobiologics

Consultation for platelet-rich plasma (PRP) and Lipogems microfragmented adipose tissue, with evidence, candidacy, and alternatives discussed clearly.

Second opinions

Independent review of diagnoses, imaging, prior treatment, and proposed next steps for complex or time-sensitive sports medicine questions.

Care direction

When another specialist is the right next step, Dr. Goldwaser helps identify the appropriate surgical or multidisciplinary pathway.

Medicolegal review

Independent medical examinations, medical-record review, causation analysis, and expert consultation for attorneys and organizations.

DIRECT REFERRAL PATHWAY

How to refer

Call the office or email the team to initiate a referral. Please do not include sensitive clinical information in email; secure instructions for records and imaging will follow.

OFFICE

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